



Squares a Plenty Table Mat

Designed and made by Sharon Keightley
Pine Valley Quilts

Requirements

Sewing Machine in working order
General Sewing Thread
Rotary Cutter and Mat
Ruler (24" x 6")
Thread for Quilting
General Sewing Supplies (pins, needles, scissors etc)

Please Read Instructions carefully before starting.

All seams are $\frac{1}{4}$ ".

Quilt measurement 20" x 20"

Instructions

1. Cut Fabrics into 2.5" x 10.5' Strips. Tip (cut strips longer than length needed to allow for distortion during sewing.)
2. Organize fabric strips in rows of three.
3. Sew strips together lengthwise. Tip (remember to use $\frac{1}{4}$ " seam at all times.)
4. Press seams along stitching line to set the thread. (This settles the thread and flattens the seam.) Then flip one side over and gently press seams to the same side.
5. Cut 2.5" units from end of strips. Ten units 2.5" x 6.5" from each set of strips.
6. Sew strip units together making a total of six squares in length. Arrange according to colour placement. (I have arranged my colour orderly; you may want a random look.)
7. Sew strips together lengthwise till centre of table mat is complete.
8. Press with iron as you do each step.

Finished measurement will be 12.5" square.

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Inner Border

1. Cut fabric for Inner Borders. Two strips 1.5" x 12.5".
Two strips 1.5" x 14.5"
2. Find centre of table mat, find centre of 12.5" length Inner Border strip and pin together with right sides facing. Pin ends together and place pins in between. Stitch in place. Repeat for opposing side.
3. Repeat for 14.5" Inner Border.
4. Press seams out.
5. Finished measurement 14.5"

Outer Border

1. Cut Fabric for Outer Border. Two strips 3.5" x 14.5"
Two strips 3.5" x 20".5"
2. Repeat method as for Inner Borders to stitch Outer borders in place.

Quilting

1. Layer and baste your Table Mat.
 2. My Table mat was Machine quilted using invisible Thread. It is cross hatched on the inner square. Ditch stitched on both sides of the inner border. A cable design was used on the Outer Border.
- You may quilt your Table mat as you wish.

Binding

1. Cut binding 2.5" wide.
2. Cut ends on 45 degree angle, using 45 degree line on your ruler.
3. Place ends right sides together with 45 degree points at opposite ends, leaving $\frac{1}{4}$ " point at each end.
3. Sew together using $\frac{1}{4}$ " seam to form length 85".
4. Fold binding lengthwise and press.
5. Stitch onto Table Mat using French fold method.
6. Fold over and hand sew onto the back of your table mat.
7. Label your Table Mat.

Finished measurement 20"x 20"

